# İzmir Bakırçay University School of Foreign Languages Sample Proficiency Exam (Use of English and Reading) Time: 120 minutes



Name-Surname: \_\_\_\_\_
Student Number: \_\_\_\_\_
Score: \_\_\_\_\_/ 100

1.	I'm sorry I can't hear w	vhat youbec	cause everybody is t	talking so loudly.						
	A. say	B. would say	C. will say	D. are saying						
2.	I'm exhausted and my	legs are shaking.	Ithat I'm	able to complete the trek.						
	A. am hoping	B. will hope	C. hope	D. would hope						
3.	Normally Ia	s a secretary at Al	BT but this summer	French at a lang	uage school in					
	Paris. That's why I'm in Paris right now.									
	B. am working / am st	tudying	C. work / study							
	C. work / am studying	g I	O. am working / stud	dy						
4.	Ia mystery m									
	D. was watching / went	<mark>t out</mark> (	C. watched / went out							
	E. watched / was going	out I	O. was watching / w	vas going out						
5.	When Ihome	last night, I saw th	nat Janea	beautiful candlelight dinner for	me.					
	F. had arrived / had pre	epared C	C. had arrived / prepared							
	B. arrived / had prepared  D. was arriving / prepared									
6.	While Ifor you	at the bus-stop, I s	saw a group of peop	ole who were dancing on the stree	et.					
(	G. waited	B. had waited	C. was waiti	ing D. have been waiting	ŗ					
7.	Cheer up!nee	ed to get upset.								
	H. All	B. No	C. Every	D. None						
8.	Jack's father comes hor	me late so he has_	time to play v	with his father.						
	İ. <mark>little</mark>	B. much	C. few	D. many						
9.	You can have	coffee, but I don'	t want							
	J. any / any	B. any / some	C. some / an	D. some / some						
10.	We have just moved to	a new town so we	e don't know many	people, only						
		K. little B.	a few C. any	D. much						
11.	The Starry Night	by Van Gogh ir	n 1889.							
	L. is painted	B. has been paint	ted C. is being p	painted D. was painted						
12.	Our exam papers	at the moment	t.							
	M. are marked	B. are being marl	<mark>ked</mark> C. are marki	ing D. have been markin	g					
13.	I'm not going to the par	rty. I								
	N. haven't been invited C. had been invited									

14.	"You must stop writing	g right now and hand in	your papers."						
	The teacher said that we								
	P. had to stop writing i	right then and hand in ou	ur papers.						
Q. should stop writing right now and hand in our papers.									
	S. must have stopped v	writing right then and ha	and in our papers.						
15.	"What type of flowers	does Lucy like?"							
Andy asked Harry									
	T. what types of flowe	rs does Lucy like.	C. what types	of flowers Lucy	<mark>liked.</mark>				
	U. what types of flower	rs Lucy likes.	D. what types	of flowers did L	ucy like.				
16.	Sheme that she	was not interested in the	e political news.						
	V. asked	B. said	C. told	D. talked					
17.	For many,yoga	is a favorable method to	relax beforethe	day.					
	W. do / start	B. to do / to start	C. doing / to start	D. doing / start	ing				
18.	Would you mind	in here? You see thi	s is a non-smokers' area	a. So you must go	o outside.				
	X. smoking	B. don't smoke	C. not to smoke	D. not smoking					
19.	I am lost and I don't kr	now whereor w	hofor help.						
	Y. go/ask	B. to go / to ask	C. going / to ask	D. going / aski	ng				
20.	To be honest, it is	worst joke I've	heard.						
	Z. the / ever	B. as / as	C. more / than	D. the / never					
21.	Everybody agrees Mar	ia deserves the victory b	pecause she plays	_better than her	opponent does.				
	AA.	more	B. as	C. much	D. just				
22.	The world's biggest bu	ıll isa small elepl	hant.						
	BB. bigger	B. the biggest	C. as big as	D. much bigge	r				
23. Heclimb trees when he was a child, but heclimb them now.									
	CC.can / couldn't		C. is able to / can't						
24.	In my country, you	cross the road	at a pedestrian crossing	g - it's illegal to c	ross anywhere else.				
	DD.	could	B. have to	C. ought to	D. should				
25.	Youfeed the	e animals in the zoo-it's	forbidden.						
	EE. don't have to		C. couldn't	D. mustn't					
26.		lean her flat because it v							
	FF. mustn't			D. ought to					
27.		, Ifootbal	l every Saturday, but i	now I can't beca	use I'm working on				
	Saturday.								
	GG.	• •	B. usually play	C. play D. hav	e played				
28.		the bus to school when	<u> </u>	-17					
	HH.		<mark>ou use to take</mark> C. Do	•					
	II. Have you been take	en D. Hay	ve vou taken						

D. was invited

O. am not being invited

	JJ. would / said	B. would / say	C. will / say	D. do / say	
30.	If you with	us, I'm sure you	a great time.		
	KK.		<del></del>	e / had	
	LL. had come / would	d have D. cor	me / would have		
31.	We could have been	there on time if you	me earlier.		
	MM.	call	B. had called	C. have called	D. would call
32.	The Euro is the curre	ncyis used in n	nost of Europe.		
	NN.	which	B. where	C. whose	D.when
33.	Napoleon is the man_	wife was called	d Josephine.		
	OO.	which	B. who	C. where	D. whose
34.	I don't know the girl	is the winner of	the marathon, but I know	the woman	daughter is
	thewinner. PP. who / who	B. that / whose	C. whose / that	D. that / that	
35.		for hours so I can't go		D. mat / mat	
33.	QQ.		B. is raining	C. has been rain	ning D. was
	raining				
36.	A: How longyo				
		ogether for five years at the			
	RR.		.been knowing / worked		
	SS.		know / are working	D. do…know /	•
37.		hospital near where I live	_		vay.
20	TT. an/A	B. the/The	C. a/-	D. a/The	
		ou havebreakfas			
Tor	<b>m:</b> At a friend's place	. It was great brea	aktast.		
	UU.	<mark>-/a</mark>	B. a/a	C. a/the D. the/	a
39.	ThatDavid a	at the door .I know he is a	way on holiday now.		
	VV.	can't be	B. mustn't be	C. might not be	D. should not be
Please re	ead the following tex	t and choose the best alt	ernative for questions 4	1-45.	
	_		_		
		to us when light lin lightwaves. These light			
		wave, we will see the obje			
		of their eyes, which mea			
		. Another point is if the s			
	•	but it could still cause ter		r eyesight. Howe	ever, looking at the
sun for a	ny length of time coul	ld even (45)	blindness.		
41.	a.vision	b. envision	c. visible	d. invisible	
	a. reflected	b. ignored	c. requested	d. postponed	
	a. deny	b. recognize	c. confuse	d. encourage	
	a. useful	b. harmful	c. convenient	d. permanent	
45.	a. result in	b. rely on	c. focus on	d. give up	
Please re	ead the following tex	t and choose the best alt	ernative for questions 4	6-50.	
Crime is	a complex issue that	affects societies worldw	ide Criminals perform s	various unlawful	activities causing
		nmunities. To address			
	and reduce crime	e rates. Criminal activitie	es are (47)1	rising around the	e world due to the
	of ethical values. Whe	en individuals lack a sens	e of right and wrong or e	engage in illegal	behaviors because
01 (40) _	, it become	es challenging to establish	i a sait and secure societ	y. Fromoung eat	ication, awareness,

**29.** What \_\_\_\_\_\_ you \_\_\_\_\_ if you met the President?

(49) They invest public and law enforcement is			criminals. Cooperation between the ons (50)
<b>46.</b> a. raise	b. prevent	c. refuse	d. prove
<b>47.</b> a. fortunately	b. hardly	c. gradually	d. ideally
<b>48.</b> a. ignore	b. ignorable	c. ignorant	d. ignorance
<b>49.</b> a. demand	b. order	c. pieces	d. health
50. a. accurate	b. inaccurate	c <mark>. accurately</mark>	d. inaccurately
For questions 51- 60 please c	hoose the best alternativ	ve.	
<b>51.</b> When Suzanna saw the blo	ood, she felt dizzy and	·	
a. fainted	b. sneezed	c. winked	d. hugged
<b>52.</b> I was running so late for m	y meeting that I had to sk	xip breakfast and	missed my bus.
a. lately	b. specially	c. hardly	d. nearly
53. During last summer, the cit	ty experienced an intense	, with temp	eratures above 40 degrees Celsius.
a. flood	b. heatwave	c. hurricane	d. blizzard
<b>54.</b> After hours of uncertaint	y, I received the good	news that my missing	wallet had been found, and I felt
a. desperate	b. proud	c. relieved	d. miserable
<b>55.</b> After retiring, Charlotte d beautiful artworks.	ecided to pa	ainting as a hobby and	discovered her passion for creating
a. take up	b. take off	c. take against	d. take out
<b>56.</b> The article presented a one	-sided view, clearly show	ving the author's	opinion on the matter.
a. objective	b. biased	c. offended	d. inspiring
<b>57.</b> Due to financial difficulti business.	es and a decline in cust	omers, the small bookst	force was forced to go
a. down to	b. out of	c. away	d. after
<b>58.</b> Living close to the groce something.	ery store is so	, as I can easily wa	alk there whenever I need to buy
a. abundant	b. distant	c. convenient	d. polluted
<b>59.</b> After a brief interruption, t	he meeting continued and	d we were able to carry _	with our discussion.
a. out	b. up	c. on	d. against
<b>60.</b> After a long and exhausting	g journey, we finally arriv	ved at our destination	
a. safe and sound	b. by and large	c. bits and pieces	d. now and then

# Text 1.

Read the passages and circle the best answer for each item.

#### THE WORLD IS WARMING

The evidence is clear. Wherever there is permanent ice —Greenland, Antarctica, the Alps, the Himalayas—that ice is melting. Anybody who has been to high mountains will have noticed this fact. Scientists agree that the cause for this melting is very simple: The earth's atmosphere is warming up.

The melting ice, in turn, is causing sea levels to rise as the extra water from the melting ice pours into the oceans. Already, sea levels have risen about 8 inches (20 cm) in recent years, and scientists believe they could rise at least another 20 inches (50 cm) by the year 2100. This could put many heavily populated coastal areas at risk. Coastal Florida, the Nile Delta, Bangladesh, and many other areas would end up under water.

Along with rising temperatures, the ocean temperatures are also rising. This has brought changes in weather patterns, with more frequent and more severe storms. Rising ocean temperatures are also one of the factors in the death of coral reefs in the southern oceans. These reefs are the natural homes to 65 percent of the world's fish. When the reefs die, so do the fish.

The warmer air temperatures are also causing changes in the world's climate zones. In Europe, the southern countries along the Mediterranean are already becoming drier and more desert-like. On the other hand, countries in northern Europe, such as Germany and England, have experienced terrible floods from too much rain. Worldwide, agriculture will soon be negatively affected in many places. Life will become more difficult in the poorer countries of Asia and Africa and millions of people could be forced to leave their homes and countries in search of food and a better life

Why are the temperatures rising? Scientists have no longer have any doubts about the cause. The burning of fossil fuels like coal and petroleum releases carbon dioxide (CO2) into the atmosphere. There is only one way to slow down this warming of the earth and that is by reducing the amount of CO2 released into the atmosphere. This can be done by replacing fossil fuels with new energy sources —such as wind power, solar power, or hydrogen fuel cells—that do not release CO2 or other polluting chemicals.

- **61.** This passage is about...
- a. pollution in the atmosphere.
- b. how climate changes affect marine life.
- c. the warmer ocean temperatures.
- D. the rising temperatures on earth.
  - **62.** The ice in Antarctica is melting because...
- a. sea levels are rising
- b. the temperature of the atmosphere is warmer.
- c. more people are travelling to Antarctica.
- d. there are many high mountains on the continent.
  - **65.** The only way to slow down climate change is to...
- a. increase the amount of CO2 in the atmosphere
- B. use non-polluting kinds of fuel.
- C. burn more fossil fuels such as coal and petroleum.
- D. release other kinds of chemicals into the atmosphere.

- **63.** By the year 2100, coastal Florida...
- a. may have cooler water.
- b. will be heavily populated.
- C. could be under water.
- D. will have coral reefs.
- **64.** The rising temperature of the ocean is...
- a. killing many kinds of marine life.
- b. bringing better weather to tourist resorts.
- c. preventing storms from forming.
- d. helping many forms of marine life.

### Text 2.

### ARE YOU REALLY A NON-SMOKER?

The results of a study done in Japan showed that wives who did not smoke but were exposed to their husbands' cigarette smoke developed lung cancer at a much higher rate than *those* whose husbands did not smoke. For them, the risk of developing lung cancer was directly related to the amount their husbands smoked. This was about one-third of the risk of developing lung cancer taken by smokers.

This study strengthens the thesis that the effect of tobacco smoke on the non-smoker, which has been called passive, second-hand or *involuntary smoking*, may be a cause of lung cancer in the general population.

The study also strengthens the evidence which implies that passive smoking is a *health hazard*. A study published last year suggested that passive smoking might cause damage to the small airways in the lungs of non-smokers. Other studies have suggested that passive smoking may worsen non-smokers' pre-existing chronic heart and lung conditions.

Lung cancer is a major health problem throughout the world. It is estimated that in 1997, 122,000 Americans will be told that they have lung cancer. Moreover, only about 10 per cent of these will live another five or more years because of the ineffectiveness of available treatments.

The lungs are the leading sites of cancer in the U.S. among men who are 35 and over. In women, lung cancer deaths are rising so fast that experts expect them to exceed breast cancer deaths by the middle of this decade, becoming the No.l cancer killer of women.

As evidence linking the rise of lung cancer with cigarette smoking has increased, many experts have theorized that passive smokers have a greater risk of developing lung cancer than those who are not exposed to smoke. Such theories are based on the knowledge that second-hand smoke of cigarettes contains large amounts of toxic substances.

- **66.** Line 6, 'involuntary smoking' is ......
  - a. the thesis which has been strengthened
  - b. the effect of cigarette smoke on non-smokers
  - c. the amount husbands smoke
  - d. one-third of the risk to direct smokers

### **67.**Line 7, a 'health hazard' means ......

# A. a danger to health

- A. a chronic heart and lung condition
- B. damage in the small airways of the lungs
- C. a health problem that causes death
- **68.** Line 2, '**those**' means ......
  - a. smokers B. results of a study

C.husbands

D.wives

**69.**The results of the study done in Japan showed that.....

- A. lung cancer was seen more frequently among smoking wives than smoking husbands.
- B. non-smokers risked developing cancer three times more than smokers did.
- C. the risk for non-smokers of developing lung cancer depends on the amount of smoke they are exposed to.
- D. non-smokers develop chronic heart and lung diseases when they are exposed to smoke.

## **Text 3. Lucky People**

In the Caucasus region, nearly 50 out of every 100,000 people live to celebrate their 100th birthday, and many don't stop at 100! The Pakistani Hunzas, who live high in the Himalaya Mountains, and the Vilcabambans of the Andes Mountains in Ecuador seem to share the same secret, too. This is very surprising because in America only 3 people in 100,000 reach 100.

These people remain healthy in body and spirit in spite of the passage of time. While many older people in industrial societies become weak and ill in their 60s and 70s, some people in the Caucasus region, aged 110 to 140, work in the fields together with their great-great grandchildren. Even the idea of ageing is foreign to them. When asked, "At what age does youth end?" most of these old people had no answer. Several replied, "Well, perhaps at the age of 80." The youngest estimate was age 60.

What could be the reasons for this ability to survive to such old age, and to survive so well? First of all, hard physical work is a way of life for all of these long-lived people. They begin their long days of physical labor as children and never seem to stop. Mr. Rustam Mamedov, for example, is 142 years old, but he has no intentions of retiring from his life as a farmer. "Why? What else would I do?" he asks. Actually, he has slowed down a bit. Now, he might stop for the day after 6 hours in the field instead of 10.

All these people get healthful rewards from the environment in which they work. They all come from mountainous regions. They live and work at 1,660 to 4,000 meters above the sea level, where the air has less oxygen and is pollution-free. This reduced-oxygen environment makes the heart and blood vessel system stronger.

Another factor that may contribute to the good health of these people is their isolation. To a great degree, they are separated from the pressures and worries of an industrial society.

Inherited factors also play some role. Most of the longest-lived people had parents and grand parents who also reached very old ages. Therefore, good family genes may be a factor in living longer.

Finally, although these three groups don't eat exactly the same foods, their diets are similar. The Hunzas, Vilcabambans and Caucasians eat little meat. Their diets are full of fresh fruits, vegetables, nuts, grains, cheese, and milk. They never eat more food than their bodies need.

It is clear that isolation from urban pressures and pollution, clean mountain air, daily hard work, moderate diets, good genes, and a youthful approach to life all contribute to the health and remarkable long life of all these people.

### Mark the best choice.

- **70.** This text is mainly about \_\_\_\_\_
- a. the differences in life span of the people the Caucasus region
- **b.** the factors that help people to have a long life

GROUP A	GROUP A	<b>GROUP A</b>
c, the high percentage of long-	lived people in some countries	

- c. the high percentage of long-fived people in some countries
- d. a comparison of the people who live in America and in the Caucasus region
- **71.** The example of Mr. Mamedov (para. 3) is given to \_\_\_\_\_
- a. show the experiences of these long-lived people
- **b.** describe the peaceful life of these long-lived people
- c. show that hard physical work actually lengthens life
- **d.** explain why he has to work as a farmer all his life
- **72.** Which of the following is NOT TRUE according to the text?
- **a.** The most important factor that contributes to long life is good family genes.
- **b.** The daily diets of these people don't contain much meat.
- **c.** living away from the problems of industrial societies plays a role in people's life expectancy.
- **d.** Several factors are important for people to have a long life.
- **73.** According to the text, \_\_\_\_\_.
- a. there are about 100,000 people in the Caucasus region who are 100 years old or over
- **b.** the Pakistani Hunzas and the Vilcabambans of the Andes Mountains are not as lucky as the Caucasus
- c. Most Caucasians agree that age 60 could be regarded as the end of youth
- **d.** the reduced-oxygen environment in mountainous areas is good for the heart and the blood vessel system

## **Text 4. Desire To Fly**

Man has long wanted to fly. He saw birds, envied them and tried to imitate them. Over the ages, countless attempts were made: men constructed wings, fastened them to their arms and legs and Jumped off towers and hill tops. These 'bird-men' flapped their wings for a short space of time and then fell to the ground. What was not realized in those early years was that birds have muscles very much stronger, in proportion to their size, than men. Human limbs cannot provide sufficient strength to lift the body off the ground. The secret of flight did not lie in making wings, but in discovering the right kind of power, and how to use it.

In the 18th century, the invention of the hot-air balloon by the Montgolfier brothers of France was seen as a great step forward. In 1783, in the presence of the King and Queen, it took three passengers safely up in to the air and down again: they were a sheep, a cock and a duck. Later, ballooning became a fashionable pastime rather than a means of transportation. The cigar-shaped airships which were invented slightly later did not solve the problem of flying because they had no means of power or control: their designers could not find an engine strong enough yet ligh t enough to drive the aircraft, The airship wen t where the wind blew it, could lose height and could easily catch fire, so as a means of passenger transport it turned out to be neither practical nor safe.

So the difficulty remained: a true flying machine which was heavier than air and capable of carrying people was still to be invented. Experiments were carried out in many countries, sometimes with models driven by steam engines, but these were too heavy to be used in an airplane with a pilot. The answer finally came at the beginning of the 20th century with the invention of the internal combustion engine - the kind used in motor cars. H ere at last was a powerful, yet comparatively light engine, driven by petrol and capable of being fitted into an airplane. In 1903, two Americans, the brothers Wilbur and Orville Wright, flew a powered airplane for the first time. Their success encouraged designers everywhere. Although there were now new, different problems, mainly to do with safety and the training of pilots, progress was rapid. These were exciting days and interest was intense. At Reims, in 1909, a crowd of a quarter of a million gathered at the first Air Display, and saw thirty-eight different aircraft take part. The age of the airplane had arrived.

Mark	the	best	choice.
TATOLIZ	ULL		CHOICE.

74.	The	'bird-men'	failed t	to fly	because		_
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**a.** the wings they constructed were not suitable for flying

- b. their arm and leg muscles were too weak to support them during a flight
- **c.** they did not prepare themselves properly for the flight
- **d.** their bodies were too big compared to those of birds
- **75.** The earliest hot-air balloon invented by Montgolfier brothers \_\_\_\_\_\_
- a. was constructed for transporting the royal family
- **b.** succeeded in taking off but failed to land safely

- c. was initially aimed at encouraging a new kind of leisure activity
- **d.** was considered a remarkable advance in the field of flying
- **76.** Which of the following is TRUE about the cigar-shaped airships?
- **a.** They were an effective and successful means of passenger transport.
- **b.** Their engines were light but not powerful enough to drive the airship.
- c. They couldn't be flown along an exact route.
- **d.** The internal combustion engine was first experimented on them.
- 77. Large numbers of people traveled to Reirns in order to \_\_\_\_\_\_\_
- a. see the latest developments in flying
- **b.** watch the new pilots being trained
- c. celebrate the achievement of the Wright brothers
- **d.** discuss the questions of safety with the designers

# Find the irrelevant sentence in each paragraph.

- **78.** I) A combination of therapeutic strategies can help people whose fear of uncertainty is holding them back. (II) One variety of cognitive-behavior therapy, a well-researched method of psychotherapy, targets beliefs about the nature of uncertainty and lack of control, says study co-author James F. Boswell, a research psychologist at Boston University. (III) In a session, "we might challenge assumptions that uncertainty is bad, avoidable, and inevitably leads to negative outcomes," he suggests. (IV) As a result, not being able to decide on one's own –a state of being afraid of decision making—is a serious disorder that requires therapy. Gradually increasing exposure to uncertainty—such as by eating at a new restaurant without looking up the menu online first—can also help patients learn to manage the distress.
- a. I b. II c. III d. IV
- 79. (I) Some cultures of the Asian Continent like Indian culture have currently been the centre of debate among psychiatrics. The evidence to date strongly suggests that culture can influence the expression of mental illnesses. (II) Whether radically different cultures can give rise to entirely new psychiatric disorders, however, is a matter of fierce debate. (III) Psychotherapists often consider cultural differences in their treatment, but they typically assume that depression, for example, looks pretty much the same everywhere with minor exceptions. (IV) If so-called culture-bound syndromes are merely variations of Western disorders, then mental health professionals in Western countries can safely continue to draw on existing knowledge about familiar disorders to treat them.
- **a.** I **b.** II **c.** III **d.** IV
- **80.** (I) Gorbachev introduced several policies that he hoped would help the USSR become a more prosperous, productive nation. (II) One of these was known as glasnost, or political openness which eliminated traces of Stalinist repression, like the banning of books and the omnipresent secret police, and gave new freedoms to Soviet citizens. (III) Gorbachev's positions within the state created more opportunities to travel abroad, and this would profoundly affect his political and social views in the future as leader of the country. (IV) Moreover, political prisoners were released and newspapers could print criticisms of the government. For the first time, parties other than the Communist Party could participate in elections.
- **a.** I **b.** II **c.** III **d.** IV